

# Coral Gables Farmers Market

## Event Schedule

### Saturdays

## January 13 through March 24, 2018

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Each week, in addition to live music, just-picked produce, baked goods and plants, the Coral Gables Farmers Market, located in front of City Hall at 405 Biltmore Way, offers free activities for the Market shoppers.

At 8:00 a.m., a free class in Tai Chi is offered in Merrick Park

At 9:00 a.m., a free gardening workshop is conducted by local experts. In case of rain, the workshop will be held inside City Hall.

At 10:00 a.m., a master chef creates a dish for shoppers to sample.

At 11:00 a.m., there are wonderful children's activities for our younger Market shoppers.

### January 13

9:00 a.m. Gardening Workshop – "Butterfly Talk!" by Cindy David

10:00 a.m. Cooking Demonstration - Hosted by Bulla Gastrobar

11:00 a.m. Children's Activity – Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Airplane headband".

### January 20

9:00 a.m. Gardening Workshop – "Setting Up your Raised Bed Vegetable Garden". By Andres Mejides

10:00 a.m. Cooking Demonstration - Hosted by Società Dante Alighieri and Aragon 101

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Scarecrow Clothespin".

### January 27

9:00 a.m. Gardening Workshop – "Crown Restoration After Wind Events" by The Landscape Beautification Advisory Board

10:00 a.m. Cooking Demonstration - Hosted by BrickTop's Coral Gables

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Fruit Bushel Basket Magnet".

### February 3

9:00 a.m. Gardening Workshop – "How To Take Care of Pest and Disease Organically". By Andres Mejides

10:00 a.m. Cooking Demonstration - Hosted by Cao Chocolates

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Mustache Heart Foam Craft".

### February 10

9:00 a.m. Gardening Workshop – "Fragrance In your Garden". By Cindy David

10:00 a.m. Cooking Demonstration - Hosted by Seasons 52 Coral Gables.

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Love Bug Sun Catcher".

### February 17

9:00 a.m. Gardening Workshop – "Designing A Landscape Resistant to Hurricane Winds". By Wendy Saltzburg

10:00 a.m. Cooking Demonstration - Hosted by Società Dante Alighieri and Aragon 101

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "3D Foam Safari Animal Craft".

### February 24

9:00 a.m. Gardening Workshop – "Propagation Techniques." Presented by Karim Fernandez

10:00 a.m. Cooking Demonstration - Hosted by Fritz and Franz

11:00 a.m. Children's Activity - - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Spring Bug Craft Ornament".

### March 3

9:00 a.m. Gardening Workshop – "Compost" by Andres Mejides

10:00 a.m. Cooking Demonstration - Hosted by Bellmount Spanish Restaurant

11:00 a.m. Children's Activity - Hosted by the Coral Gables Community Recreation Department; design your own "3D Floating Foam Ship Craft".

### March 10

9:00 a.m. Gardening Workshop – "What's Bugging You!". By Cindy David

10:00 a.m. Cooking Demonstration - Hosted by Ruth Chris Coral Gables.

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Bug Jar Craft".

### March 17

9:00 a.m. Gardening Workshop "Conservation in a Botanic Garden: What we do at Montgomery Botanical Center." Presented by Christina Dupuy of the Montgomery Botanical Center

10:00 a.m. Cooking Demonstration - Hosted by Sister City Antigua Guatemala

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Leprechaun Clothespins".

### March 24

9:00 a.m. Gardening Workshop – "Native Plants In Your Garden". By Cindy David

10:00 a.m. Cooking Demonstration - Hosted by La Taverna Giralda

11:00 a.m. Children's Activity - Hosted by The Little Farm

In the 1920s, before City founder George Merrick began developing the City Beautiful, this was a thriving guava and avocado grove owned and operated by his family. Every winter, the agricultural roots of the City return to the town center in a three-month celebration of South Florida's agricultural riches, amidst the ambiance and architecture of downtown Coral Gables.

The Coral Gables Farmers Market, now in its 27<sup>th</sup> season, is designed as a small outdoor European-style green market, with historic Coral Gables City Hall as a backdrop. The market is located at 405 Biltmore Way, in front of Coral Gables City Hall at the intersection of LeJeune Road and Biltmore Way, next to Miracle Mile. South Florida produce available at the 2018 Market includes mangos, bananas, chilies, citrus, corn, cucumbers, eggplants, spices, herbs, honey, lettuce, miniature vegetables, onions, peppers, potatoes, squash, strawberries, tomatoes, and a wide variety of plants and trees to purchase. Bake goods and gourmet specialty foods are also available.

The 27<sup>th</sup> annual Coral Gables Farmers Markets opens Saturday, January 13, 2018, in front of City Hall in Coral Gables and runs every Saturday through March 24, 2018. Hours of the Market are from 8:00 a.m. to 2:00 p.m. Free gardening workshops, cooking demonstrations from fine Gables' restaurants, and children activities enhance the market experience.

The Farmers Market is organized by the City of Coral Gables. For more information, please contact the Parks & Recreation Division at 305-460-5600, email [market@coralgables.com](mailto:market@coralgables.com) or visit our website at [www.gablesrecreation.com](http://www.gablesrecreation.com)



- Raul Valdés-Fauli, Mayor
- V. Patricia Keon, Vice Mayor
- Frank C. Quesada, Commissioner
- Vince Lago, Commissioner
- Michael Mena, Commissioner
- Cathy Swanson-Rivenbark, City Manager
- Miriam Soler Ramos, City Attorney
- Walter J. Foeman, City Clerk



City of Coral Gables  
 405 Biltmore Way  
 Coral Gables, FL 33134

**CORAL GABLES COMMISSION**



**SATURDAYS**  
**JANUARY 13 – MARCH 24, 2018**  
**8 AM - 2 PM**  
**In Front of Coral Gables City Hall**

**2018**  
**EVENT**  
**SCHEDULE**